

Case D

Name A. Staňáková

Course VRT

Q1 , vestibular migraine ?

Diff dg mixed BPPV

Visual stimuli: patterned clothing, ,colour ,flashing, neon signs...

Motion: bus riding

Triggers stressful work , project manager, deprivation of sleep , lack of drinks

Headache: eye -forehead

Dizziness postural

Episodic

1-2 d gone after manuev BPPV? So its not BPPV, or it's not at least PSC BPPV

Testing : negat BPPV , pozit VVAS, MSQ

Q2

Education, relaxation techniques , avoid triggers, sleep hygiene , nutrition, water , work

Habituation exerc. , visual stimuli videos , aerobic exercises

Q3,

VVAS, MSQ